



COMMUNICATE

Powerfully

“AWESOME PROGRAMME”
“FASCINATING AND VERY ENLIGHTENING”
“FULL OF GOLD NUGGETS”
“JOURNEY OF SELF-DISCOVERY”

WORKPLACE
TRAINING
PROGRAMME

WWW.PEOPLEREALM.CO.NZ

THE POWER OF **GOOD COMMUNICATION** IN THE WORKPLACE

Effective communication skills are critical for navigating the fast pace of change within workplaces today. Good communication is an important part of all relationships and is an essential part of any healthy and thriving workplace.

Gallup's most recent national workforce report reveals a troubling trend for strong communication in the workplace — only 13 percent of the nearly 31 million employees surveyed across the globe said their organisation's leaders practise and cultivate effective workplace communication.

Effective communication is the lifeblood of your organisation and is vital for translating your company vision into tangible results and for creating a high performing and happy workforce. The results you are getting in your organisation across the board are greatly influenced by the communication skillset of your people.

THE POWER OF THE **COMMUNICATE POWERFULLY PROGRAMME** IN YOUR ORGANISATION

- Develop strong leadership capability
- Boost employee engagement and retention
- Promote a culture of openness and trust
- Support healthy working relationships
- Build employee empathy and awareness
- Improve customer experience



ON-POINT LEARNING EXPERIENCE

We have designed this training solution to facilitate real behaviour change in your organisation. This learning experience shifts mindsets, imparts knowledge and develops skills. Through this learning journey we facilitate new insights and embed participants learning to create change that's long lasting.

RELEVANT

We identify your specific learning outcomes so your training is relevant to your growth plans. We discover your people's learning outcomes so they're engaged in the learning experience.

INTERACTIVE

This is a highly interactive learning environment. We've designed and developed exercises and activities to engage your people and facilitate meaningful learning. Our delivery style helps participants learn through a variety of methods including discussions, simulations, written activities and Q&A sessions.

PRACTICAL

We introduce practical tools and strategies that your people can use to apply their learning. This practical approach leads to behavioural changes and your people taking positive action at work straight away.

ENGAGING

Through powerful coaching conversations, we help facilitate your people's insights and aha moments. This self-awareness helps your people tap into an inner motivation and make positive change.

Programme Modules

Designed to develop the communication capability of participants, **Communicate Powerfully** is an eight- or twelve-module workplace training programme.

ONE: INTRODUCTION TO COMMUNICATE POWERFULLY

The benefits of personal development. Creating individual learning outcomes. Defining communicating powerfully.

TWO: INTERNAL COMMUNICATION

How you really communicate. Internal dialogue. The R.E.A.L framework to communicate powerfully.

THREE: COMMUNICATION STYLES

Communication styles and how they help and hinder you and others. Appreciating the value in each style at work.

FOUR: ACTIVE LISTENING

Active and distracted listening. Communication styles and listening. Asking great questions.

FIVE: VITAL CONVERSATIONS AND FEEDBACK

Why we avoid conversations that matter. Having vital conversations effectively. Giving and receiving feedback well.

SIX: APPRECIATION, GRATITUDE AND ENCOURAGEMENT

The value of appreciation. The power of positive thinking. Creative ways to encourage others.

SEVEN: WRITTEN COMMUNICATION

Miscommunication. A four-step process to write effectively. Communication styles and their needs.

EIGHT: ASSERTIVE COMMUNICATION

The four ways you can communicate. Reframing conflict. Turning conflict into an opportunity with the L.A.S.T technique.

NINE: BODY LANGUAGE AND THE POWER OF VOICE

Non-verbal communication. Engage people through your voice. State changes and power poses.

TEN: DEVELOPING EMOTIONAL INTELLIGENCE

How to identify, understand and use your emotions. The toxic four behaviours. Developing your perception of other people's emotions.

ELEVEN: POWERFUL PRESENTATIONS AND STORYTELLING

Creating engaging content. Delivery ideas to connect with your audience. Telling a great story.

TWELVE: FACILITATING MEETINGS AND PARTICIPANT PRESENTATIONS

Running great meetings. Review programme. Participant presentations.

FEEDBACK FROM PARTICIPANTS

KIM WEBSTER | FINANCE TEAM LEADER

Awesome programme. The format of 2-hour sessions every fortnight worked well. Over the years I have done many communication courses and this one was exceptional. The safe learning environment, where we were encouraged to be real, meant that we were able to dig deep!

WILLEM VAN BLERK | ASSET MANAGEMENT PLANNING TEAM LEADER

Communicate Powerfully was a fascinating and very enlightening training experience. This was mainly due to the enthusiastic training ability of our presenter and tutor Carly. She achieved the ongoing engagement and participation of all participants via the interesting exercises and practical tools provided as part of the training material.

DONNA OFFICER | DIGITAL SERVICES

It was full of gold nuggets, and I learnt more than any other course that I have been on. It was emotional, and we had to dig deep at times, but this is what made the programme truly effective.

ROB KEMP | HEALTH & SAFETY PARTNER

Awesome, challenging, pushing your comfort zone and experimenting with a new approach to previous tried and true programmes. I came away from each session with some thoughts to apply in our work engagement with individuals and team members.

BROOKE LAVERY | PROJECT COMMUNICATIONS ADVISOR

I thoroughly enjoyed it! It was a journey of self-discovery, with an opportunity to learn new tips and skills along the way. I found the programme very beneficial.

STEVE HIGGINS | BUILDING CONSENT PROCESSING TEAM MANAGER

It was excellent, and I have another one of my supervisors on it.



WOULD YOU RECOMMEND THIS PROGRAMME?

“I have already recommended this course to many people and have encouraged my whole team to apply to attend. Unfortunately, spaces are limited as word has spread about the awesomeness.”

“I will definitely encourage any colleague or friend to take this training course.”

“Very likely – in fact I already have been [recommending this training to friends or colleagues].“

“Most likely [recommending this training to friends or colleagues].“

“ I would highly recommend that others take part.”

‘My feedback to TCC was everyone needs to go on this.’

**NET
PROMOTER
SCORE**

